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Week 1

Monday Lunch

Chicken Curry with onions, peas and mushrooms served with brown rice and poppadoms

Snack

Buttered Digestives with Cheese

Tuesday Lunch

Fish Chowder in a creamy white sauce, potatoes, onions, mushrooms, celery and leeks served with crusty bread

Snack

Natural/Fruit Yoghurt with fruit puree

Wednesday Lunch

Soup of the day served with buttered crusty bread

Snack

Warm Chicken Goujons with red & BBQ sauce

Thursday Lunch

Slow pulled pork with BBQ sauce served in a brioche roll and waffles

Snack

Selection of sandwiches

Friday Lunch

Homemade meatballs in a tomato and basil sauce with spaghetti

Snack

Homemade fairy cakes